

# MY FIRST DAY OF SCHOOL



READY  
FAMILIES

I start on: \_\_\_\_\_  
\_\_\_\_\_

I will need:

UNIFORM

PE KIT



COAT

WATER BOTTLE

SNACK



LUNCH BOX

BOOK BAG

## TOP TIPS FOR BEFORE I START

Have a relaxing bath

Share a bedtime story   Set the alarm clock   Eat a healthy breakfast

Talk about school positively